

Visual Learners

learn through seeing...

These learners need to see the teacher's body language and facial expression to fully understand the content of a lesson. They tend to prefer sitting at the front of the classroom to avoid visual obstructions (e.g. people's heads). They may think in pictures and learn best from visual displays including: diagrams, illustrated text books, overhead transparencies, videos, flipcharts and hand-outs. During a lecture or classroom discussion, visual learners often prefer to take detailed notes to absorb the information.

Auditory Learners:

learn through listening...

They learn best through verbal lectures, discussions, talking things through and listening to what others have to say. Auditory learners interpret the underlying meanings of speech through listening to tone of voice, pitch, speed and other nuances. Written information may have little meaning until it is heard. These learners often benefit from reading text aloud and using a tape recorder.

Tactile/Kinesthetic Learners:

learn through , moving, doing and touching...

Tactile/Kinesthetic persons learn best through a hands-on approach, actively exploring the physical world around them. They may find it hard to sit still for long periods and may become distracted by their need for activity and exploration.

Reading/Writing Learners:

Learn through reading and writing information...

Read a chapter before you listen to the lecture on it. When you watch demonstrations, take good written notes. Later you can refresh your memory by reading your notes. Back up what you hear by taking notes that you can refer to again. Read directions instead of having someone tell you how to do something.

“Pencil read” by reading with a pen/pencil in hand. Underline and take notes as you read. “Talk to yourself” in writing. Recopy your lecture notes in your own handwriting. Choose to do written reports instead of giving speeches whenever possible. Write down the steps you need to follow in order to complete a project. Write lists of things you need to do.