

## AP PSYCHOLOGY

### Summer Assignment 2019

#### A Letter from Your Instructor

Dear Student,

Welcome to AP Psychology! Designed for the highly-motivated student, this intensive course explores the scientific study of behavior and mental processes in humans and other animals. Our units of study range from personality to abnormal behaviors with special emphasis placed on the study of psychology as a science, including research methods and statistics. AP Psychology is a year-long course that prepares students to take the AP Psychology Exam at the end of the school year. Those that perform well on the exam will qualify for credit at most colleges and universities.

While I hope that you have a restful and relaxing summer, the extensive amount of content in AP Psych requires that you complete a summer assignment. Please read the directions carefully before you leave for summer break.

I look forward to seeing you in the fall!

#### Directions:

**There are three components to the Summer Assignment.**

#### **Part 1: Allow Me to Introduce Myself (submitted via e-mail by July 5, 2019 [Lisa.henderson@zacharyschools.org](mailto:Lisa.henderson@zacharyschools.org) )**

This assignment is designed for me to get to know you prior to the school year. In addition, this assignment will help you to start thinking about your “ideal self” which we will discuss 2<sup>nd</sup> semester. In this assignment, you are to use well-written, complete sentences, do not abbreviate words, and please use spell check. This is a professional communication similar to what you would use with a college professor or employer.

The assignment must include the following:

- A. Introduce yourself
- B. What are your hobbies? What do you like to do for fun?
- C. What extracurricular activities are you involved in or planning to be involved in?
- D. Do you have a job? What is it? Do you like it? Is this something you would like to continue as a career?
- E. What are your goals or plans for after high school?
- F. Why are you taking AP Psych? What are you looking forward to in this class? What areas of Psychology interest you?
- G. How will you manage your time throughout this upcoming school year?
- H. What else should I know about you so that I have insight into you as a person before the next school year begins?

#### **Part 2: Psychology Introduction – A Glimpse at Unit 1 (DUE the first day of school)**

Complete the attached Unit Guide for the History and Approaches to Psychology. This packet contains the following assignments:

- A. Terms and Concepts Flashcards
- B. Approaches to Psychology Chart
- C. Who’s Who of Psychology

Read the attached packet and follow all directions. These assignments will give you a basic understanding of some foundational concepts and influential figures from the history of Psychology.

There will be a Content Check assignment during the first week of school to assess your understanding of these terms, concepts, and people.

#### **Part 3: Movie Review (DUE the first day of school)**

Look through the list below and choose **ONE** film to watch. Complete the assignment below, typed using 12-point font and double spaced.

A. First Paragraph will be a summary of the movie plot. Briefly identify the main characters and the situations they are facing.

B. The 2<sup>nd</sup> – 4<sup>th</sup> paragraphs will be your opportunity to connect the movie to concepts in Psychology. Discuss how the movie illustrates behavioral theories or psychological concepts.

C. The final paragraph will be your conclusion. In this paragraph, give your opinion about the film. Discuss the psychological importance or relevance of this film to understanding human behavior.

**Movie Choices:**

Inside Out – PG

A Beautiful Mind – PG 13

Catch Me If You Can – PG 13

Manchurian Candidate (from 1962) – PG 13

The Blind Side – PG 13

Tarzan (Disney animated version) - G

\*\*If you have any questions about this summer packet, please e-mail Miss Henderson before the end of June. Do not wait until the last minute to try to finish this packet. You should complete the assignments in the order they are listed. (Don't try to do the movie assignment without having **first** learned the basics of Psychology from the Psychology Introduction assignments...)

Best of luck!

Miss Henderson

[Lisa.henderson@zacharyschools.org](mailto:Lisa.henderson@zacharyschools.org)

\*\*\* Adapted from West Bloomfield School District and Cherry Creek Schools

## UNIT GUIDE

### HISTORY AND APPROACHES

(Excerpted from apcentral.collegeboard.com)

#### UNIT OVERVIEW:

Psychology has evolved markedly since its inception as a discipline in 1879. There have been significant changes in the theories that psychologists use to explain behavior and mental processes. In addition, the methodology of psychological research has expanded to include a diversity of approaches to data gathering.

*Percentage Goals for Exam: 2 – 4%*

#### UNIT OBJECTIVES:

By the end of the unit, students should be able to...

1. Recognize how philosophical perspectives shaped the development of psychological thought and compare different theoretical approaches in explaining behavior. In doing so, students should recognize the strengths and limitations of applying theories to explain behavior:

~Structuralism, functionalism, and behaviorism in the early years;

~Gestalt, psychoanalytic/psychodynamic, and humanism emerging later;

~Evolutionary, biological, and cognitive as more contemporary approaches.

2. Distinguish the different domains of psychology:

~Biological, clinical, cognitive, counseling, developmental, educational, experimental, human factors, industrial-organizational, personality, psychometric, and social.

3. Identify the major historical figures in psychology (Mary Whiton Calkins, Charles Darwin, Dorothea Dix, Sigmund Freud, G. Stanley Hall, William James, Ivan Pavlov, Jean Piaget, Carl Rogers, B.F. Skinner, Margaret Floy Washburn, John B. Watson, Wilhelm Wundt)

#### **This packet contains the following assignments:**

- A. Terms and Concepts Flashcards
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## A. Summer Assignment: History and Approaches Unit

### Vocabulary Cards

1. Define the terms, as they relate to the field of Psychology. They should be completed in a fashion so that if they were lost, you would be bummed!
2. Your cards **must be hand-written**. Your cards **must be individual**; one term/one card. The **number** and term appear on one side while the definition, illustration, and example appears on the opposite (see format example).
3. Please **keep cards in the numerical order** they are given.
4. Your cards need to be **bound** (paper-clip, rubber band, binder clip, etc.) or **packaged** (part of spiral set, in a Ziploc bag, etc.) with your **name and period printed on the first card**.
5. Cards are **due on the first day of school!**

**\* Failure to follow instructions will result in the loss of points! \***

1. Psychology
2. Scientific Method
3. Theory
4. Hypothesis
5. Hindsight bias (I-knew-it-all-along phenomenon)
6. Overconfidence
7. Dualism
8. tabula rasa
9. Empiricism
10. Materialism
11. Evolutionary Theory
12. Natural selection
13. Structuralism
14. Introspection
15. functionalism
16. Gestalt approach
17. Biopsychosocial approach
18. Classical Conditioning
19. Behavior Modification
20. Psychiatry
21. Self-Actualization
22. Motivation
23. Unconditional positive regard
24. Basic Research
25. Applied Research
26. Clinical psychologist
27. Cognitive psychologist
28. Community psychologist
29. Counseling psychologist
30. Developmental psychologist
31. Educational psychologist
32. Experimental/research psychologist
33. Health psychologist
34. Forensic psychologist
35. Industrial/organizational psychologist
36. Neuropsychologist
37. Personality psychologist
38. Psychometric and quantitative psychologist
39. Rehabilitation psychologist
40. School psychologist
41. Social psychologist
42. Sports psychologist
43. Human Factors psychologist

Format Example:

Front

Lisa Henderson	1 <sup>st</sup> Hour
<b>1. Psychology</b>	

Back

-The science of the mind and mental processes
- Studies the way the mind works
-Tries to explain behaviors



## B. APPROACHES TO PSYCHOLOGY

Over time, scientists developed seven prominent approaches to modern psychology. Using online research, fill in the chart with relevant information about each approach. You do not need to use complete sentences for the chart.

Theoretical Approach	People	Major Beliefs
PSYCHOANALYTIC OR PSYCHODYNAMIC APPROACH		
BEHAVIORAL APPROACH		
HUMANISTIC APPROACH		

COGNITIVE APPROACH		
SOCIOCULTURAL APPROACH	None necessary	
BIOLOGICAL APPROACH	None necessary	
EVOLUTIONARY/ SOCIO- BIOLOGICAL/ BEHAVIORAL GENETIC APPROACH		

