

Dear ZHS Athletes and Parents,

We hope this note finds you and your family doing well during these trying times. As you all know, our Governor has placed the state in Phase 2. We will now be allowed to begin bringing some athletes back on campus. This process will start on Monday, June 8th. The coaches from your perspective sport will contact you to let you know what time you should report to campus. The Zachary Community School District is focused on following the guidance of experts in public health when making decisions about the reopening of facilities and resumption of activities. We are following all LHSAA, state, and federal guidelines. Your safety is of the utmost importance, and we have included information below that must be followed.

Thanks, and we are excited to see you next week!

David Brewerton
Athletic Director
Zachary Community School District

Phase II Guidance for High School Athletics and Activities

Social Distancing

- Everyone **will** practice social distancing inside and outdoors.

Arrival/Screening

- Athletes that drive should park in the home side parking lot and enter through the stadium. Parents dropping off athletes should do so at the home entrance to the Football Stadium.
- All coaches and students will be screened for signs/symptoms of COVID-19 prior to a workout.
 - *Athletes will report to their coach and answer a series of questions (COVID 19 related) and have their temperature checked.*
- Parents/guardians must remain on-site until the student has cleared the screening process.
 - *If multiple students carpool and arrive together, all students will be turned away if one or more students presents as symptomatic.*

Locker-Rooms

No locker room usage will be allowed during the summer months. ***Please come dressed ready to work out in the weight room and condition on the field.***

Restroom

The bathrooms on the home side of the stadium can be used and will be fogged with disinfectant multiple times per day.

Water

Water fountains will be covered and off-limits to everyone. ***Please bring your own adequate supply of water. Water bottles must not be shared.***

Appropriate clothing will be worn at all times in the weight room to minimize sweat from transmitting onto equipment/surfaces.

Ensure Healthy Personal Hygiene

Zachary Community School District will ensure adequate schedules are implemented for all facilities to mitigate any communicable diseases, including disinfecting between each group use. Staff members are disinfecting all areas and taking extra care to sanitize common areas. In addition, we are utilizing ElectroStatic Sprayers routinely.

- All athletes and staff, as able, should wear cloth masks.
- Weight equipment will be wiped down thoroughly before and after an individual's use of equipment.
 - *Spray bottles with disinfectant will be stationed at each rack, and athletes will spray the bars and benches in between sets.*
- Bench spotters will not stand behind the lifter. Two spotters will stand on each side of the bar.
- All athletes and staff must engage in hand hygiene upon entry to the facility. Hand sanitizer will be available at each rack, as well as the entrance to each door in the room.

A full copy of the LHSAA COVID 19 Guidelines can be found [here](#).